



LUNCH

CAFE/BISTRO/RESTAURANT

SOUPS, SALADS & SANDWICHES

- 5.00 Soup of the day with wheaten bread
- 6.50 Creamy seafood chowder with wheaten bread
- 5.00 Sandwich or wrap with 2 deli fillings & salad served with sweet chilli tortilla chips & coleslaw (smoked salmon £1 extra)
- 6.00 Toastie/hot wrap/panini with 3 deli fillings served with side salad & coleslaw
- 7.50 Caesar salad with smoked chicken, bacon, croutons, egg, parmesan & Caesar dressing
- 7.50 Sweet chilli chicken & goats cheese salad with peppers, onion, tomato, cucumber & leaves
- 7.50 Roasted red pepper salad with sun blushed tomato, carrot, courgette, red onion & mixed leaves (ve)
- 6.50 BYO salad – 2 deli fillings, tomato, red onion, cucumber, mixed leaves & dressing

SIGNATURE SANDWICHES £6.00

- Cajun chicken**, bacon, blue cheese mayo, mixed leaves, sun blushed tomato, caramelised onion
- Goats cheese**, peppers, caramelised onion, tomato chutney, rocket
- Smoked salmon and Prawn Maryrose**, apple, cucumber, gem lettuce
- Mexican chicken**, cheddar, guacamole, mixed leaves, red onion, peppers, sour cream
- Turkey and ham**, brie, cranberry, mayo, mixed leaves
- Pesto chicken**, plum tomato, mozzarella, roasted red pepper, red onion, rocket
- Avocado**, sun blushed tomato, cucumber red onion, sweet chilli, mixed leaves, vegan mayo (ve)

**EXTRA DELI FILLINGS: £1 (SMOKED SALMON £2)
ADD CUP OF SOUP/CHIPS/SWEET POTATO FRIES £2**

DELI FILLINGS

Chicken(plain, cajun, sweet chilli, pesto, Mexican or smoked)/Turkey/ Bacon/Ham/Chorizo/ Cheddar/Smoked Cheddar/Mozzarella/Goats Cheese/Brie/Cream Cheese/Tuna/ Prawns/Smoked Salmon/Boiled Egg/Egg Mayo/Sun Blushed Tomatoes/Peppers/ Coleslaw/Pesto/Caramelised Onions/ Blue Cheese Mayo/Guacamole/ Cranberry/Rocket/Roasted red pepper/Avocado

HOT SPECIALS £8.50

- 6oz steak burger with smoked cheddar, BBQ sauce, chips, salad & coleslaw
- Chicken goujon hot wrap with tomato, lettuce, garlic, sweet chilli, chips, salad & coleslaw
- Spicy white bean burger with avocado, tomato salsa, vegan mayo, salad & sweet potato fries (ve)
- Mexican chicken, chorizo and cheese quesadilla with guacamole, sour cream, Pico de Gallo and sweet potato fries

SIDES £3.50: chips & dip / sweet potato fries & dip / salad & coleslaw

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal when placing your order. Please be advised that no product can be deemed completely free of an allergen as all our dishes are prepared in an environment in which these allergens are frequently used. Please see our notice board for a full list of these allergens.